

EVIDENCE BASED MEDICAL COMPRESSION WEAR FOR EVERY STAGE OF A WOMAN'S JOURNEY



DESIGNED BY WOMEN FOR WOMEN

SRC Health is constantly engaged in extensive research. We consult with leading Obstetricians, Gynaecologists, Women's Health Physiotherapists and Midwives to design products that support your body through pregnancy and speed up your recovery after birth.

UNIQUE BENEFITS OF SRC TECHNOLOGY



Anatomical Support Panels
Patented design that treats multiple conditions by delivering targeted medical Grade 1 compression.



True Cross Compression
Layers of fabric cut on different planes so that during activity no compression is lost at any time.



24-hr Wearability
Prevents muscle deactivation through gentle compression, providing pain relief during pregnancy, recovery and exercise.



Flatlock Seams
Provide increased comfort during exercise and prevent wound aggravation.



100 Wash Test
After 100 washes fabric maintained its stretch and recovery providing you with long lasting garments.



Moisture Wicking Fabric
Breathable power mesh lining assists in regulating your body temperature and may help eliminate odour.



See hundreds of testimonials from happy mothers around the world



SUPPORTING WOMEN

Want to help us spread the message for these great organisations?

If you can provide links to them from your website or distribute their physical brochures on your premises, please let us know and we will assist you.



PANDA's mission to improve women's emotional and mental health through the challenges of pregnancy and new parenthood.

If you or someone you know is struggling with perinatal anxiety and depression please seek assistance by visiting panda.org.au or calling the National Helpline on 1300 726 306.



ABTA is Australia's peak organisation dedicated to helping to prevent, diagnose, and treat birth-related trauma. The ABTA listens to the voice of the consumer and responds to the unmet needs of birthing families across Australia. Since 2016, the ABTA has helped increase awareness and understanding of birth-related trauma and worked to improve maternity services to ensure people living with birth-related trauma have the best care and quality of life as possible. Whether you're preparing for birth, healing from birth, or supporting a birthing person, the ABTA is here to help. Our vision is for physically and psychologically safer births, and better postnatal care. birthtrauma.org.au



AMBA supports families with twins, triplets or more though the health and emotional challenges they face – the key ones being premature birth and mental health risks. We do this by linking families to a support network with other local multiple birth families, providing education and resources, and advocating on behalf of parents of multiples with the aim to enable positive health outcomes and equality for multiple birth families. amba.org.au

Endorsed by:



* Please check your individual Health Fund for eligibility and to confirm specific requirements.

ARTG listed 341087. FDA registered under D145043
Researched, developed and designed in Australia.
Australian Patent AU 2009225942
Manufactured under license in China

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SRCHEALTH™
Support for Life

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REDUCE PREGNANCY PAIN

SRC Pregnancy garments support you in getting through the demands of work and exercise. Ideal for treating multiple conditions such as:

- Low back pain
- Pelvic girdle pain
- Vulval and mild / moderate leg varicose veins



Available in Under the Bump and Over the Bump Mini, Shorts and Leggings.

⚠ The panels in the garments are not designed for post natal recovery

CONFIDENCE & SUPPORT FOR INCONTINENCE & PROLAPSE

SRC Restore garments, through the use of patented Anatomical Support Panels, specifically the gusset panel, provide continuous even compression to the entire perineal area. This has been shown to alleviate symptoms of mild to moderate:

- Stress urinary incontinence and
- Bladder and uterine prolapse



SAFER POSTPARTUM HEALING

SRC Recovery garments provide targeted support to help you move more freely after delivery and make lifting, feeding, bathing and caring for your baby easier, treating conditions like:

- Abdominal muscle separation and back pain
- C-section and
- Perineal wounds



Available in Mini, Shorts and Leggings.

⚠ Not to be worn or tried on at any stage during your pregnancy

POSTOPERATIVE REHAB

SRC Rehab promotes post-surgical rehab with effective pain relief by encouraging mobility and reducing swelling, speeding up rehabilitation for:

- Lower Back Surgeries
- Abdominal Surgeries
- Gynaecological procedures



HOW TO MEASURE FOR CORRECT SIZING

Compression garments require accurate fit to function.

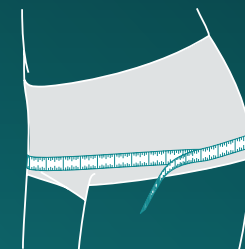
Do not take your own measurement.

Be measured in your underwear only.

Stand with your heels together and have the person measuring you keep the measuring tape straight.

They should place the tape over your hips, pubic bone and bottom at the fullest part. The tape should touch your body at all points but not be pulled tight.

SIZE	CM	IN
XXS	84-88	33-34½
XS	89-93	35-36½
S	94-98	37-38½
M	99-104	39-41
L	105-112	41½-44
XL	113-121	44½-47½
XXL	122-130	48-51
XXXL	131-138½	51½-54½



All products measured the same way

SRC Pregnancy. Measure at any time during your pregnancy for SRC Pregnancy Shorts or Leggings.

SRC Recovery. We recommend you measure from 36 weeks for SRC Recovery Shorts or Leggings.



CHECK OUT ALL THE SRC HEALTH ACCESSORIES

Discover essential accessories for every stage of motherhood designed to enhance your overall comfort during pregnancy and postpartum recovery.

