

## **Kegel8 launches NEW Kegel8 Menstrual Cup that lets you know about your flow**

*The UK's leading pelvic healthcare company, Kegel8, announce the launch of their brand-new product – the Kegel8 Menstrual Cup – designed to help you feel more comfortable inside and out. The leaders in pelvic health share more information about the decision to expand their current range.*



**4<sup>th</sup> March 2019** – Hull based healthcare brand, Kegel8, are proud to announce the launch of brand-new product – the Kegel8 Menstrual Cup.

Ergonomically designed for maximum comfort, the Kegel8 Menstrual Cup is a body-friendly and easy-to-use form of sanitary protection.

Made from 100% medical grade silicone, the Kegel8 Menstrual Cup is completely phthalate, PVC, and latex free – a great, and body-safe, alternative to tampons and pads.

With unique measurement lines to tell you exactly how heavy your flow is during your period, you can get to understand your periods better with the Kegel8 Menstrual Cup. This feature is a huge bonus for those women who think they may be suffering from Endometriosis (as 1 in 10 women do). Extremely heavy periods are linked to Endometriosis, therefore tracking your flow is a must, and an essential component in your diagnosis process.

The Kegel8 Menstrual Cup is completely environmentally-friendly. Sanitary towels and tampons can take between 500-800 years to fully decompose. Making the switch to a menstrual cup can save the environment from approximately 16,000 tampons and pads in your lifetime. A further 1.5-2 billion sanitary items are flushed down Britain's toilets yearly – costing the water and sewerage companies over £88 million per year to unblock waste.



**Stephanie Taylor, Managing Director of Kegel8, commented:**

*“The creation of a Kegel8 Menstrual Cup was inevitable for us. As a leader in pelvic health, we strive to support women at any age, whilst also remaining loyal to Mother Nature.*

*The research that has gone into producing the Kegel8 Menstrual Cup is outstanding. We wanted to be able to produce something that does more than just support you, and I think we have achieved that with the Kegel8 Menstrual Cup.”*

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**About Kegel8**

For over 13 years, Kegel8 has been the top choice for men and women suffering from pelvic floor weakness.

Kegel8 offers British-made, clinically-proven, home-use medical devices to strengthen the pelvic floor, some of which are available on NHS prescription

Website: [www.kegel8.co.uk](http://www.kegel8.co.uk) | Instagram: @Kegel8 | Twitter: @Kegel8 | Facebook @Kegel8